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FREE
project

FEMALE EMPOWERMENT IN HIGHER EDUCATION

Virtual Course

Female Academic Role Model Empowerment, Equality and Sustainability at Universities in Mediterranean Region: towards
2030 Agenda – **FREE**

Erasmus+ Capacity Building in Higher Education 598524-EPP-1-2018-1-ES-EPPKA2-CBHE-JP





COURSE DESCRIPTION

This course attempts to incorporate empowerment objectives and integrate activities designed to empower women in Academia. It aims to support all stakeholders to realise the commitment to gender equality, women's empowerment and women rights through transformation training and learning.

This course focuses primarily on female academics, administrative staff, decision makers and students at the target HEIs. Appropriate female empowerment policies should be enacted to equitably empower females, girls, men and young boys to build a sustainable life for themselves and future generation. Based on these assertions, one would expect that all required organisations such as the government; NGOs in the private and public sector would seek to provide more capacity building training and skills to foster the development of female leaders. This goes in line with the nuance of the FREE project and more to the point of equipping more capable women in a leadership position that will act as a crucial solution to the flaws of suitability development in the Higher Education.

The course Female Empowerment in Higher Education examines issues related to self-empowerment, female career empowerment and decision making skills.

The Female Empowerment in Higher education is relevant to the scope of project FREE as it aims to empower female academics in SMR in the target HEIs, and provide trainees with a set of knowledge, skills and competencies required. FEHE will provide short and long-term impact in the scope of project. This will be reflected on three levels. On the individual level, it will provide project trainees with increased knowledge and awareness of the Empowerment in Higher Education. On a group level, the course should provide trainees with empowering and linking female academics with the relevant stakeholders. On an institutional level, FEHE will provide trainees with an introduction and integration of institutional policies to empower female target groups at Higher education. This should be reflected in culture, policy implication.

On the long term, FEHE will contribute to the transformation from an traditional and patriarchal to a contemporary and empowered higher education paradigm, which addresses the challenges of the SGDs 2030 agenda.

Course Learning Objectives

This course aims at sharing the best strategies, practices and experiences in women empowerment. The general objectives of the course are:

1. To exchange experiences in promoting the empowerment of women through different educational programmes, both formal and non-formal;
2. To discuss the theoretical and practical issues arising from the practice of the education of women;
3. To clearly define the definition of and conceptual framework for understanding women's empowerment;
4. To provide an indicative list of indicators and processes or mechanisms of empowerment; and
5. Initiate proposals/recommendations for future action, focusing on effective procedures and mechanisms of female empowerment.

Training methodologies to be used during this module includes: presentation (PPTs); group activities; open discussions; case studies; and problem exercise.

Course Learning Outcomes

1. Knowledge and understanding

Upon successful completion of this course, participants should have the following knowledge and understanding:

- Increased knowledge and awareness of female Empowerment at the workplace in Higher Education Sector
- Increased knowledge, understanding and experiences on issues related Empowerment practices and soft and hard power

Course Learning Outcomes

2. Conceptual Skills

Upon successful completion of this course, participants should have the following conceptual skills:

- Increased analytical skills associated with organisational power.
- Increased decision making skills
- Increased critical thinking skills

Course Learning Outcomes

3. Professional Skills

Upon successful completion of this course, participants should have the following professional skills:

- Increased self-awareness and confidence
- Increased female soft and hard organizational power
- Increased networking skills
- Experience in dealing with social and organisational resistance to change

Course Learning Outcomes

4. Competences

Upon successful completion of this course, participants should increase competencies associated with Empowerment at Higher Education.

Course Learning Outcomes

5. Attendance, participation and Activity

The course has 50 ECTS credits, to be measured and evaluated as the academic staffs deems necessary for the course objectives